



**“Kick Off
For Kids”**
Grant Recipient
\$5000

Trustbridge (*Teen Bereavement*)

- Mission:** To provide families with access to compassionate, expert and professional healthcare services in their time of need, throughout their lifespan.
- Project:** A grant for \$5,000 would send 6 children/teens to our Sea Star Program – Camp Good Grief. The overall goal of Trustbridge Children’s Bereavement Program Camp Good Grief is to provide a safe and compassionate environment for children and teens to explore their grief issues with peers while having fun. Our 2019 camp hosted 74 campers and provided a weekend long overnight camp offering education and support regarding the grieving process through the use of learning stations focused on multiple therapeutic modalities including Dialectical Behavioral Therapy, Music Therapy, Adventure Based Counseling, as well as through the COPE (“Challenging Outdoor Personal Experience”) course and climbing wall.

**# of
Children
Helped:** 6 children/teens for our
Sea Star Program

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