



**NTHC 2022
Q1&Q2
Grant Recipient
\$5,000**

The Toby Center for Family Transitions, Inc.

Mission: The mission of The Toby Center is to provide multiple child reunification mental health services for children whose parents are engaged in high conflict separation and divorce so that we can improve outcomes for those children, many residing in temporary foster care and/or other guardian households. We are the only provider of these services for the Palm Beach County Court (Circuit 15) and, therefore, our role is to serve children the court has determined requires these child reunification services.

Project: TOBY'S KIDS is a novel program built around TOBY'S Kids school-based peer program, which provides for: a) individual counseling for children of high conflict child custody issues; and b) a peer group for children 10-13. TOBY'S KIDS has two important parts. The first component provides the children with mindful therapy to reduce anxiety and fear and to build upon their innate resilience. The second component provides the children with a peer group of children ages 10-13 who are among the most vulnerable of children given their stage of development, including intellectual capacity and emotional regulation

of Children Helped: 35+ families

